



BELIEVE THERAPIES
therapy that works

HAND WASHING PROCEDURE

POLICY: Wash hands before and after client contact, immediately or as soon after removing gloves, and immediately after contact with infectious material.

PROCEDURE:

1. Stand away from sink to prevent cross contamination of clothing.
2. Turn water to a comfortable temperature.
3. Put hands under running water, keeping fingertips pointing downward.
4. Once hands are completely wet, apply soap or antiseptic solution.
5. Bring hands together and create a lather, washing at least two inches above wrists. Pay particular attention to area between fingers, around nail beds, and under fingernails.
6. Rinse hands well under running water, continuing to keep water flow from wrist to fingertips.
7. Dry hands thoroughly with paper towel.
8. Turn water off with paper towel and discard.