



BELIEVE THERAPIES
therapy that works

MAT CLEANING GUIDE

Mats will be cleaned routinely and kept in a condition that demonstrates cleanliness and professionalism in the care of the clinic's equipment.

1. Vacuum or sweep mats
2. Mop using a damp mop, hot water and Odoban. It is a good idea to use a separate bucket for rinse water, so that the clean water stays clean longer. A dual action vacuum/mop or steamer can also be used to prevent too much water from getting between the joints of the mats.
3. Large areas can also be cleaned with a walk behind auto cleaning machine.
4. Mats should be lifted to ensure no moisture or mold is accumulating after mopping has been completed.